WEAVING HEALTH INTO PEDAGOGY
UCR FACULTY SHARE THEIR EXPERIENCES

A panel discussion, scheduled for Thursday, April 15th from 2-3pm

LEARN ABOUT WELLNESS STRATEGIES OUR COLLEAGUES ARE IMPLEMENTING IN COURSES TO PROMOTE AND SUPPORT STUDENT HEALTH AND WELL-BEING.

CLICK HERE TO REGISTER

Encourage breaks, standing, stretching, & reflection
Share resources & wellness info with students
Mindful of deadlines/workload, help students connect with each other
Promote professional & personal skills

Sponsored by Healthy Campus in partnership with XCITE